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January 2023

Senior Village
Nursing & Rehabilitation Center
315 Harry Guilbeau Rd. • Opelousas, LA 70570
337-948-4486

<p>NEW YEAR'S DAY 1</p> <p>9:30 Rosary 10:00 Coffee 11:00 Exercise 2:00 Bible Jingo 3:30 Mail</p>	<p>2</p> <p>9:30 Trivia 10:00 Coffee 11:00 Exercise 2:00 Bingo 3:30 Mail</p>	<p>3</p> <p>9:30 Bingo 10:00 Coffee 11:00 Exercise 2:00 A Healthy You 3:30 Mail</p>	<p>4</p> <p>9:30 Inspirations w/Mike 10:00 Coffee 11:00 Exercise 2:00 MLK Craft 3:30 Mail</p>	<p>9:30 America Sings 10:00 Coffee Talk 11:00 Exercise 2:00 George W. Carver History 3:30 Mail 4:00 Room Visits 6:00 Evening Bingo</p> <p>5</p>	<p>6</p> <p>9:30 Bingo 10:00 Coffee 11:00 Exercise 2:00 Story Reading 3:30 Mail</p>	<p>7</p> <p>9:30 Game in a Jar 10:00 Coffee 11:00 Exercise 2:00 Bingo</p>
<p>8</p> <p>9:30 Rosary 10:00 Coffee 11:00 Exercise 2:00 Bible Jingo 3:30 Mail</p>	<p>9</p> <p>9:30 Trivia 10:00 Coffee 11:00 Exercise 2:00 Puzzles 3:30 Mail</p>	<p>9:30 Oh My Nails! 10:00 Coffee 11:00 Exercise 2:00 Med Express Activity 3:30 Rosary w/Ms. Connie</p> <p>10</p>	<p>11</p> <p>9:30 Inspirations w/Mike 10:00 Coffee 11:00 Exercise 2:00 Movie & Cookies 3:30 Mail</p>	<p>9:30 50's Fun 10:00 Coffee Talk 11:00 Exercise 2:00 Birthday Party 3:30 Mail 4:00 Room Visits 6:00 Evening Bingo</p> <p>12</p>	<p>13</p> <p>9:30 Stephen Foster History 10:00 Coffee 11:00 Exercise 2:00 Bingo 3:30 Mail</p>	<p>14</p> <p>9:30 Simon Says 10:00 Coffee 11:00 Exercise 2:00 Bingo</p>
<p>15</p> <p>9:30 Rosary 10:00 Coffee 11:00 Exercise 2:00 Bible Jingo 3:30 Mail</p>	<p>MLK DAY 16</p> <p>9:30 MLK Story 10:00 Coffee 11:00 Exercise 2:00 MLK Movie 3:30 Mail</p>	<p>17</p> <p>9:30 Bingo 10:00 Coffee 11:00 Exercise 2:00 Fun on the Farm 3:30 Mail</p>	<p>18</p> <p>9:30 Inspirations w/Mike 10:00 Coffee 11:00 Exercise 2:00 Bingo 3:30 Mail</p>	<p>9:30 Movie Madness 10:00 Coffee Talk 11:00 Exercise 2:00 Story Reading & Popcorn 3:30 Mail 4:00 Room Visits 6:00 Evening Bingo</p> <p>19</p>	<p>20</p> <p>9:30 Bingo 10:00 Coffee 11:00 Exercise 2:00 Cookie Social 3:30 Mail</p>	<p>21</p> <p>9:30 Open Activity 10:00 Coffee 11:00 Exercise 2:00 Bingo</p>
<p>22</p> <p>9:30 Rosary 10:00 Coffee 11:00 Exercise 2:00 Bible Jingo 3:30 Mail</p>	<p>23</p> <p>9:30 Trivia 10:00 Coffee 11:00 Exercise 2:00 Zoo Animal 3:30 Mail</p>	<p>24</p> <p>9:30 Bingo 10:00 Coffee 11:00 Exercise 2:00 Oh My Nails! 3:30 Mail</p>	<p>25</p> <p>9:30 Inspirations w/Mike 10:00 Coffee 11:00 Exercise 2:00 Movie & Popcorn 3:30 Mail</p>	<p>9:30 Sing-A-Long 10:00 Coffee Talk 11:00 Exercise 2:00 Valentines Craft 3:30 Mail 4:00 Room Visits 6:00 Evening Bingo</p> <p>26</p>	<p>27</p> <p>9:30 Bingo 10:00 Coffee 11:00 Exercise 2:00 Chocolate Cake Social 3:30 Mail</p>	<p>28</p> <p>9:30 Game in a Jar 10:00 Coffee 11:00 Exercise 2:00 Bingo</p>
<p>29</p> <p>9:30 Rosary 10:00 Coffee 11:00 Exercise 2:00 Bible Jingo 3:30 Mail</p>	<p>30</p> <p>9:30 Trivia 10:00 Coffee 11:00 Exercise 2:00 Bingo 3:30 Mail</p>	<p>31</p> <p>9:30 Bingo 10:00 Coffee 11:00 Exercise 2:00 Around the House 3:30 Mail</p>			<p>Additional Daily Activities <u>Mail Delivery Daily.</u> <u>1 to 1 Porch Visits</u> <u>permitted depending</u> <u>on weather.</u></p>	<p><i>Note: Calendar events are subject to change.</i></p>